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Subject: How to know if it is just the baby blues
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Find Community.
Find Wellness.
Find Hope.™

Patient/Caregiver Education Activity

Is this Postpartum Depression (PPD)? Faster Recognition and Treatment of PPD

You will feel hopeful after watching “Is this Postpartum Depression (PPD)? Faster Recognition and Treatment of PPD.” This on-demand webinar features an expert panel of an OB-GYN, a psychiatrist, and a peer advocate who review the risk factors, causes, symptoms, diagnosis and treatment of PPD. You will also hear the perspective of 2 peers who have experienced PPD.

The first part of the educational presentation focuses on understanding the risk factors and symptoms of PPD. You’ll find out how the symptoms of PPD differ from more benign mental/emotional perinatal changes, commonly referred to as the baby blues.

You’ll get tips for starting a conversation with your doctor if you think you may be experiencing symptoms. Your doctor may have you take a screening test which will take less than 10 minutes to complete. The panel will also discuss what happens after you receive the results of the test

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Learn about a new treatment option available for PPD: Neuroactive Steroid (NAS) medications. NAS medications naturally help regulate the brain's response to stress and have been shown to be rapid-acting antidepressants.

Finally, you'll receive information on online and phone patient/caregiver resources.

[Register](https://bit.ly/434M3Wr) to watch on-demand later: <https://bit.ly/434M3Wr>

Register



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