



Depression and Bipolar
Support Alliance

Find Community.

Find Wellness.

Find Hope.™



DBSA is excited to announce the launch of our newest support group for parents and caregivers: **Parent and Caregiver Support Group (for Newly Diagnosed Children)**. This group is for parents and caregivers of children who have been diagnosed with a mood disorder within the last six months.

Learning about your child's new diagnosis can feel as though your world has been flipped upside down. Navigating your child's new diagnosis without support can be very difficult. That is why DBSA is launching a support group **specifically for parents and caregivers** who are going through the similar **experience of a child's new diagnosis**. These support groups will connect you with others who can relate to you as you begin the journey with your child to define your family's new normal and figure out the next steps.

Join us at the first meeting on Monday, April 17 at 7pm Central Time

This is a 90-minute, online group that will meet twice a month on Monday evenings at 7pm Central Time. The meeting is listed on Hey Peers with DBSA's other Parent and Caregiver Support Groups. To register, you must first [create an account with Hey Peers](#).

In addition to the new support group, we are adding a group for parents and caregivers of newly diagnosed children to the **DBSA Parent and Caregiver Network**. The Parent and Caregiver Network is an online support community for parents and caregivers to find connections, resources, and hope. This new group will be a great resource for parents and caregivers to connect with others in the weeks between meetings and share resources. There is a nominal fee—membership to the Parent and Caregiver Network costs \$5 monthly (\$60 annually). Scholarship membership is available based on need.

[Request to join the Parent and Caregiver Network](#)

To learn more about DBSA's Parent and Caregiver Support Groups or view our other resources for Parents and Caregivers, [click here](#).



DONATE

If you believe you received this message in error or wish to no longer receive email from us, please [unsubscribe](#).